



OKLAHOMA SCHOOL OF SCIENCE & MATHEMATICS FOUNDATION

Many thanks to the Walton Family Foundation for underwriting this postcard project.

"OSSM provided me with academic challenge not available at my home rural high school and taught me valuable study skills that helped me succeed in college and medical school. As an Oklahoman and practicing physician, I realize even more now what a valuable asset to our state OSSM is and what an important role OSSM graduates play in the economic growth of our state!"

Lara Whittington Mashek, M.D.
OSSM Class of 1995



Meet OSSM Alumna . . .

Lara Whittington Mashek, M.D.



BIOGRAPHY

Lara is active and has served in leadership capacities in numerous professional organizations, including the AMA, LA State Medical Association, OK State Medical Association (Trustee), and as a medical volunteer. In 2005, she served as Chief Medical Officer for the Special Needs shelter at the Cajundome American Red Cross Shelter in Lafayette, LA, providing ongoing medical care and helping find more permanent placement for evacuees while supervising the shelter's medical staff. Working in an outpatient clinic providing free medical care to evacuees in the community, Lara triaged and treated thousands of Hurricane Katrina evacuees transported to Fort Chaffee in Barling, AR in 2005 and also participated in disaster-preparedness education and planning at the local and state levels. Lara has helped train medical residents and continues to work for improved health-care for all as an active Delegate with the American Academy of Family Physicians while providing the highest level of patient care for Oklahoma families.

- Born and raised in Dale, Oklahoma
- 1995, Graduated OSSM
- 1999, B.M.A. Piano, Oklahoma Baptist University
- 2003, M. D., University of Oklahoma College of Medicine
- 2003 – 2006, Resident in Family Medicine, University of Arkansas for Medical Sciences (UAMS) Area Health Education Center (AHEC – Fort Smith
- 2005 – 2006, Chief Resident in Family Medicine, UAMS AHEC – Fort Smith
- 2006, Board Certification, American Board of Family Medicine
- 2006 – 2007, Family Medicine/Obstetrics Fellowship, Louisiana State University Medical Center
- 2007– Present, Hospitalist, St. Anthony Shawnee Hospital, Shawnee, OK



“The faculty and staff at OSSM emphasized the importance of giving back to the community.”

Lara Whittington Mashek, M.D.

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**Lara is helping build a better future for us all.
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